Abstract Number:

 (For office use only)

**TITLE OF THE RESEARCH PAPER** (14pt, Bold, Upper Case, Center-Aligned)

**ABSTRACT**

**Background** (Approx. 100 words)

*The background of the study provides the context and rationale for conducting the research. It includes a summary of existing knowledge, identification of gaps or limitations in previous studies, an explanation of the importance of the study, and the need for further investigations. Font style –* ***Cambria, 11pt, Italic, Text justified.*** *Please* ***DO NOT*** *change the abstract formatting: Paper size –* ***A4****,**Margins –* ***Left 1.5 inches and all others 1 inch****,**Line spacing –* ***1.15, single column.***

**Aims and Objectives** (Approx. 100 words)

*The research aims of the study are broad statements that describe the overall purpose of the research. The research objectives are specific and measurable outcomes that will be undertaken to address how the research aims will be achieved. Objectives are more focused and concrete, and they serve as a roadmap for conducting the research. Font style –* ***Cambria, 11pt, Italic, Text justified.***

**Methodology** (Approx. 100 words)

*The methodology of the abstract provides a concise summary that highlights the methodological approach of the study. The purpose of this subsection is to give readers a brief overview of how the research was conducted and the key aspects of the methodology without going into extensive detail. Font style –* ***Cambria, 11pt, Italic, Text justified.***

**Results and Conclusions** (Approx. 100 words)

*The results and conclusions provide a concise summary of the key findings and main conclusions of the study. The purpose of this subsection is to help readers quickly grasp the essential outcomes and conclusions of the study without having to read the full paper. Font style –* ***Cambria, 11pt, Italic, Text justified.***

**Keywords**: Research, Self-discipline, Sixth edition, Template, Writing.

(**11pt, Bold** only the title, maximum of **5 keywords** arranged in alphabetical order leaving two-line spaces between the abstract and keywords, each keyword should start with an upper-case letter, separated by commas, followed by a single space, and a full stop at the end)